

# GHAZ Covid-19 Response Guidelines

Revised 12.03.20

## Positive COVID-19 Test, COVID-19 Diagnosis, or Waiting for Testing Results

### Isolation Guidelines:

Return to school contingent upon completion of **all 3**:

1. **24 hrs** fever-free w/o fever reducing meds
2. Improvement in respiratory symptoms
3. **10 days** have passed since first symptoms started if symptoms are mild to moderate or 10 days from positive test if subject is asymptomatic  
**or**  
**20 days** have passed if symptoms are severe to critical or patient is severely immunocompromised

Students and faculty can return early with two negative tests that are 24 hours apart or a doctor's note.

### Actions:

1. Campus Response Team will notify Maricopa County Public Health Department, and Executive Director. HR will also be notified if subject is an employee
2. Executive Director will assemble the GH COVID Response Team
3. Close off and disinfect all non-porous surfaces asap
4. Determine where the student or employee has been and whom they have had close contact with for the past 48 hours. Close contact is defined as within 6 ft for an accumulated period of more than 15 minutes.
5. Communicate directly to all adults/students who have come into "close contact" with the subject and quarantine for 14, 10, or 7 days.
6. Communicate in a manner consistent with other infectious disease notifications and legal confidentiality requirements to:
  - a. All Faculty members if subject is a faculty member
  - b. Families in the same section as the student/teacher
  - c. All teachers of the student if the subject is a student
7. Ask the parent if they would like the student to engage in GHDL (may return before quarter)
8. If Teacher/staff – determine coverage
9. School Closure, section or grade level quarantines will be determined by the GH Response Team with advisement

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	from the Maricopa County Department of Health
<b>Student, Teacher, or Staff Member Exhibits Covid-19 Symptoms</b> (Not part of a pre-existing condition such as asthma or known allergies)	
<p><b><u>Symptoms:</u></b></p> <ul style="list-style-type: none"><li>-Cough</li><li>-Shortness of breath or difficulty breathing</li><li>-Fever</li><li>-Chills</li><li>-Repeated shaking with chills</li><li>-Muscle pain or body aches</li><li>-Headache</li><li>-Sore Throat</li><li>-New loss of taste or smell</li><li>-Nausea or Vomiting</li><li>-Diarrhea</li><li>-Fatigue</li><li>-Congestion or runny nose</li></ul> <p><b><u>Isolation Guidelines- If Tested</u></b></p> <ol style="list-style-type: none"><li>1. Seek medical attention from your physician and get a COVID-19 test, if possible.</li><li>2. Stay home until results of test have been received.</li><li>3. <b>If Positive:</b> Return to school contingent upon completion of <b>all 3</b>:<ul style="list-style-type: none"><li>• <b>24 hrs</b> fever-free w/o fever reducing meds</li><li>• Improvement in respiratory symptoms</li><li>• <b>10 days</b> have passed since first symptoms started if symptoms are mild to moderate or 10 days from positive test if subject is asymptomatic</li></ul><b>or</b><ul style="list-style-type: none"><li>• <b>20 days</b> have passed if symptoms are severe to critical or patient is severely immunocompromised</li></ul></li><li>4. <b>If Negative:</b></li></ol>	<p><b><u>Actions:</u></b></p> <ol style="list-style-type: none"><li>1. School nurse will determine if symptoms are part of a pre-existing condition such as asthma or allergies. If not, continue to step 2.</li><li>2. Symptomatic individual is immediately sent home</li><li>3. Disinfect areas that the student/teacher has been in contact with</li><li>4. Notify HR (for teacher and staff members) and Executive Director. GH Response Team is not notified.</li><li>5. Communicate to all those who teach the student if subject is a student.</li><li>6. Ask parent if they would like the student to engage in GHDL (may return before quarter)</li><li>7. If teacher, determine coverage</li></ol>

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- Stay home and away from others until a **full 24-48 hours** have passed since the **fever (including chills, shakes, and body/muscle aches) has gone away** without the use of fever-reducing medications **AND the respiratory symptoms (cough, shortness of breath, difficulty breathing, sore throat, congestion or running nose, and loss of taste/smell) have fully resolved.**
- Return with doctor's note if symptoms are still present.

## **Isolation Guidelines- If Not Tested**

We understand that not everyone will have the resources to get tested every time they exhibit a symptom. We also understand that other illnesses will be passed around that have some of the same symptoms as COVID-19 such as the common cold.

5. **If not tested, but seen by a doctor, and doctor suspects COVID-19, or if symptoms are unique to COVID-19 such as loss of taste or smell see guidelines for Positive COVID-19.**
6. If not tested, and if symptoms can be attributed to some other illness as determined by the school nurse, or some other health professional, **return a full 24-48 hours after fever has resolved without fever reducing medication and all symptoms have fully resolved.**
7. Return with doctor's note if symptoms are still present and doctor does not suspect COVID-19.

## **Close Contact with Someone Who Tested Positive for Covid-19 When Isolation From the Individual is Possible**

Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period\* starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.

**Isolation Guidelines:**

**Actions:**

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<ol style="list-style-type: none"> <li>1. Exposed individual is quarantined off campus for 10 days from last day of contact as long as they don't have symptoms. Or</li> <li>2. Exposed individual is quarantined off campus for 7 days from last day of contact as long as they don't have symptoms if a PCR test is negative that was taken within 48 hours of Day 7.</li> <li>3. Continue to wear a mask, wash hands, socially distance and monitor for symptoms until Day 14. Return to quarantine if symptoms develop.</li> <li>4. If mild to moderate symptoms develop during quarantine return 10 days after first symptoms appeared and 24 hours of being fever free without medication, and 20 days if symptoms are severe to critical or patient is severely immunocompromised</li> </ol>	<ol style="list-style-type: none"> <li>1. If subject is an employee, notify HR and ED</li> <li>2. Send student or employee home at ask them to check their temperature twice a day and to watch for symptoms to develop. Remind them to stay away from people who are at a higher risk.</li> <li>3. Ask the parent if they would like the student to engage in GHDL (may return before quarter)</li> <li>4. If Teacher/staff – determine coverage</li> </ol>
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## Close Contact with Someone Who Tested Positive for Covid-19 In the same household, when close contact cannot be avoided

<p><b><u>Isolation Guidelines:</u></b></p> <ol style="list-style-type: none"> <li>1. Exposed individual is quarantined off campus for 10 days <b>from last day of isolation</b> of any household member with COVID-19.</li> <li>2. If mild to moderate symptoms develop return 10 days after first symptoms appeared and 24 hours of being fever free without medication, and 20 days if symptoms are severe to critical or patient is severely immunocompromised</li> <li>3. Exposed individual may return earlier if they test negative at least five days <b>after the isolation period</b> of the infected family member has ended.</li> </ol>	<p><b><u>Actions:</u></b></p> <ol style="list-style-type: none"> <li>1. If subject is an employee, notify HR and ED</li> <li>2. Send student or employee home at ask them to check their temperature twice a day and to watch for symptoms to develop. Remind them to stay away from people who are at a higher risk.</li> <li>3. Ask the parent if they would like the student to engage in GHDL (may return before quarter)</li> <li>4. If Teacher/staff – determine coverage</li> </ol>
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## Visitor to campus later tests Positive

<p><b><u>Isolation Guidelines:</u></b></p> <p>None</p>	<p><b><u>Actions:</u></b></p>
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	<ol style="list-style-type: none"><li>1. Contact the GH Covid Response Team and the Maricopa Health Department</li><li>2. Determine if the visitor had close contact with anyone on campus.</li><li>3. Notify those who had close contact with the visitor and require them to quarantine according to directions from the Maricopa Health Department</li></ol>
<b>Student/teacher reports 2<sup>nd</sup> degree exposure</b> (close contact with someone who had close contact with someone who has tested positive)	
<b><u>Isolation Guidelines:</u></b>  None	<b><u>Actions:</u></b>  No response is required.
<b>International Travel</b> These guidelines are subject to change based on conditions in certain countries and/or states.	
<b><u>Isolation Guidelines:</u></b>  <ol style="list-style-type: none"><li>1. Stay home for <b><u>10 days</u></b> after you return home from international travel only if you do not have any symptoms during that time.</li><li>2. Take your temperature with a thermometer two times a day and monitor for fever. Also watch for cough or trouble breathing.</li><li>3. Stay home and avoid contact with others. Do not go to work or school.</li><li>4. Do not take public transportation, taxis, or ride-shares.</li></ol> <p style="text-align: center;"><b><u>OR</u></b></p> Receive a negative COVID-19 test result <b><u>5 days</u></b> or more after returning.  Keep your distance from others (about 6 feet or 2 meters)	<b><u>Actions:</u></b>  Ask employees and students who have travelled internationally to self-quarantine for <b><u>10 days or</u></b> Receive a negative COVID-19 test result <b><u>5 days</u></b> or more after returning.
<b>2 or More Positive Cases Reported on a Campus in a 14 day Period</b>	

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(Epidemiologically linked but not of the same household and not identified as close contacts from off campus)

## **Isolation Guidelines:**

Determined after discussion with Maricopa County Health Department

## **Actions:**

1. Nurse will report to MCDHS
2. Communication will be sent to all staff, faculty, families, parents, and guardians.
3. GH Covid Reponse Team will work with the Maricopa Health Department to monitor and determine if additional measures, such as quarantining a grade level or closing the school, are needed. The President of the region will make the call.